TABLE OF CONTENTS

7 – Introductions

General Essays: Where We Are

- 11 Five Storylines from 2023
- 15 The Future of the Two-Way Player
- 19 Wherefore Art Thou, Jack Morris
- 23 Yo La Tango, Yo La Tango
- 27 Table Setters and Busboys
- 33 Glossary of Statistics

Teams and Players

AL East

- 38 Baltimore Orioles
- 42 Tampa Bay Rays
- 46 Toronto Blue Jays

Will the real Vlad Gurrero please stand up?

- 51 New York Yankees
- 55 Boston Red Sox

AL Central

- 59 Minnesota Twins
 - The Minnesota Not-Twins
- 64 Detroit Tigers
- 68 Cleveland Guardians
- 72 Chicago White Sox
- 76 Kansas City Royals

The Only Nolans

AL West

- 82 Houston Astros
 - Sandy and Not-Sandy
- 87 Texas Rangers
 - Adolis Garcia's mid-career adjustment
- 93 Seattle Mariners
 - George Kirby's adventures in ratio-land
- 98 Los Angeles Angels
- 102 Oakland A's

NL East

- 108 Atlanta Braves
- 112 Philadelphia Phillies

The Schwarber Paradox

- 117 Miami Marlins
- 121 New York Mets
- 125 Washington Nationals

NL Central

- 129 Milwaukee Brewers
- 133 Chicago Cubs
- 137 Cincinnati Reds

The Great Votto

- 142 Pittsburgh Pirates
- 146 St. Louis Cardinals

NL West

150 – Los Angeles Dodgers

Domo arigato, Yoshinobu Yamamoto

- 156 Arizona Diamondbacks
- 160 San Diego Padres
- 164 San Francisco Giants
- 168 Colorado Rockies

Additional Essays: Where We've Been/Where We're Going

- 175 Shohei, Ruth, and Bullet Joe
- 179 The Case for deGrom
- 183 A Not-Brief Enough History of Baseball, Told Through a Statistic
- 189 Another History Told Through a Statistic, But Quicker This Time
- 191 Imaginary Hall-of-Fame ballot.
- 195 Next Steps
- 197 Acknowledgements